



## **Club Statement and Information**

At present there is growing concern around the Coronavirus (COVID-19) and this highlights the need as a community club to be **alert but not alarmed**. West Coast Gymnasts has put in measures to help protect the health, safety and wellbeing of all children, parents, guests and staff by adopting recommendations outlined by the Australian Government Department of Health and the World Health Organisation.

Information and procedures on how to prevent the spread of viruses has been provided to the West Coast Gymnasts staff. Please note below:

- Hand hygiene is the most effective measure to avoid the transmission of viruses and all staff should adopt the following protocols: Wash hands frequently with soap and water, before and after eating and after going to the toilet.
- Cover coughs and sneezes with your bent elbow or tissue, dispose of tissue immediately, and use alcohol-based hand sanitiser.
- And if unwell, avoid contact with others (touching, kissing, hugging, and other intimate contact).

West Coast Gymnasts is cleaned and sanitized every day and additional focus has been placed on high use areas and surfaces.

We have sanitisation stations throughout the gym and cleaning supplies onsite that staff use to do additional disinfection throughout the day.

Shared toys and books have been removed from the lobbies to help prevent the spread of germs. All props and materials used for gymnastics classes are cleaned and disinfected regularly.

Staff are exercising diligent hand washing practices. The club is also being proactive and ensuring we have extra coaches available at all times so that staff are able to stay home when they are sick or becoming sick or if they have sick children.

Hand sanitisers have been placed at reception, in our waiting areas, and in the gym area itself for all members to use. Our staff will refill these regularly as we have sufficient supplies. Surface cleans on the most common touch spots will continue as normal.

Instructions on good hygiene for washing hands have been placed in all areas at the club where sinks are in use. This is to remind all children, parents, guests and staff of the importance of good hygiene behavioural practices.

**Further information will continue to be communicated as and when necessary and additional information will be placed on our notice boards at both venues. Please take the time to read this information.**

**All visitors to the club will be asked to read a Statement outlining some basic questions before entering.**

**A copy of this statement is below.**

# Welcome to West Coast Gymnasts:

Please note our guest information on the Coronavirus (Covid-19) taken from the latest updates from the Australian Government Department of Health website:

## **Please Read This Information Below Before Entering The Venue:**

If you have ANY of these symptoms:

- Fever
- Cough
- Sore throat
- Shortness of breath

**AND**

- Returned from international travel

## **PLEASE DO NOT ENTER WEST COAST GYMNASTS**

**You should not enter our facilities, or attend any activities for 14 days from the date of returning to Australia.**

## **Please take the following advice:**

To help limit the spread of coronavirus, you must isolate yourself in the following circumstances if you have:

- returned from overseas. You must isolate yourself for 14 days from arriving into Australia;
- been informed by public health authorities that you have been in close contact with a confirmed case of coronavirus. You must isolate yourself for 14 days after the date of last contact with the confirmed case.

## **Entering West Coast Gymnasts**

Hand sanitisers will be placed at reception, in the parent waiting area, in the gym itself, for children, parents and guests and to use.

**WEST COAST GYMNASTS is committed to providing a safe environment for all children, parents, guests and staff. If you have any further questions or concerns about the current actions taken by our club please make direct contact to either one of the representatives below:**

- Kathrine Hughes, Recreational Team Leader
- Jamie Trunfio, Recreational Team Leader
- Veronica Sanders, Recreational Coordinator
- Becky House, Programs Manager
- Marie Greene, Operations Manager
- Kath Arendt, Treasurer
- Spiro Sanders, Vice President
- Jo Bassett, President